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# HEALTHY ENVIRONMENT

## Creating a Healthy Environment for All Children

### PRE-COMPETENCY ASSESSMENT **A**

#### Directions

- READ, in the table below, the list of strategies that teachers use to promote the health of young children with disabilities.
- CHECK OFF whether you do these things “regularly,” “sometimes,” or “not enough.”

#### Strategies for creating a healthy environment for all children

I DO THIS:	Regularly	Sometimes	Not Enough
1. Meet with parents several times a year to review each child's health profile.			
2. Follow Universal Health Precaution Rules for infection control.			
3. Use routines to teach children self-help skills.			
4. Adjust /individualize classroom routines to accommodate to children's temperaments and rhythms for playing, eating, sleeping, etc.			
5. Review first aid procedures for assisting a young child who is choking.			

#### Directions

- LOOK OVER your answers above.
- YELLOW HIGHLIGHT any skills you would like to improve, or topics you would like to learn more about.
- SHARE your responses with your Trainer and get her/his feedback.



I shared my Pre-Competency Assessment on creating a healthy environment for all children with

\_\_\_\_\_ on \_\_\_\_\_  
Trainer date